

HJC LAKERS



Dates to Remember

- December 22: Last day of School before Break
- January 8: Back to School
- January 10: ELA Part A Diploma
- January 11: Social Part A Diploma
- January 23: Last Day of Classes
- February 1: Semester 2 Begins

Dear Laker families,

It has been another wonderful and spirit-filled week at HJ Cody with festive classroom and door decor, a pep rally, and Christmas hats and sweaters. Tomorrow we will celebrate our last day together in 2023 with pajama day, morning Karaoke in the Common Area, and an appearance from our talented Jazz Band.

Thank you to our student body who continue to give back to our community. Over the past month, our students have been engaged in fundraising for the Christmas Bureau, Coats for Kids, candy cane sales with proceeds going to the Red Deer Women's Shelter, collecting pop tabs for the Lion's Club, mentorship at our elementary schools and Fox Run, student and staff volunteers at the Yuletide Festival and Breakfast with Santa. Our students truly are amazing and we are proud of the positive impact that they are having in our school and wider community.

The January exam and tutorial schedules are included in this Cody Corner and on our [school website](#). Please make note of your child's exam dates. We do not have flexibility with scheduled dates given our deadlines for mark submissions to Alberta Education as well as PAT and diploma exam dates set by the province.

At HJ Cody, we are proud to have a culture of exam tutorials. At scheduled tutorials, teachers will lead students through strategic review to set students up for success on their final exams. There is a strong correlation between students' tutorial attendance and success on their final exams. Tutorials that are scheduled throughout the school day are mandatory and those scheduled outside of the school day are highly recommended. We encourage students to take time over the break to develop a January study schedule. January is a busy month for our students with exams, tutorials, as well as all extracurricular activities and part-time jobs that they are engaged in.

Included in the Cody Corner is an advertisement for Excelerator tutorials for Chemistry 30, Biology 30, Math 30-1, and Math 30-2. These online tutorials are instructed by Alberta teachers who have experience working with Alberta Education. It is highly recommended that students take advantage of this additional **free** support to enhance their diploma exam preparation. **The registration deadline is today.**

Please note that Connect will not run in January. This will allow for longer class times for students to focus on completing final course work, preparation for final exams, and more time to complete in-class assessments.

Over the past three weeks, grades 10-12 students have been engaged in presentations regarding all of our off-campus opportunities for the second semester. These range from academic to trades-based dual credit courses, RAP, Career Internships, and Laker practicums with the Town of Sylvan Lake. Students who are interested in these opportunities for the second semester must connect with Mrs. Bell as soon as possible to express their interest (dbell@cesd73.ca).

I am grateful for the engagement and advocacy of our parental community. Your support and feedback are critical in working towards continual improvement. I wish you and your families a safe, healthy, and joyous holiday season.

Happy Holidays,
Alex Lambert, Principal



Exam Schedule

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4	5	6
7	8	9	10	11	12	13
			ELA 30-1 Part A (45) ELA 30-2 Part A (33)	SS 30-1 Part A (51) SS 30-2 Part A (26) ELA 20-1 Part B (65) ELA 10-1 Part B (60) SS 10-2 Written (26)	ELA 20-1 Part B (61) ELA 10-1 Part B (60) SS 10-2 Written (26)	
14	15	16	17	18	19	20
	SS 20-1 Source Analysis (41) SS 20-2 Source Analysis (48) ELA 10-2 Part B (35)	SS 20-1 Source Analysis (41) SS 20-2 Source Analysis (48) ELA 10-2 Part B (43)	ELA 20-2 Part B (29) Science 10 Part A (97) ELA 9 Part A (99)	ELA 20-2 Part B (29) SS 20-1 Position Paper (41) SS 20-2 Opinion Paper (48) SS 10-1 Written (63) Science 9 Part A (99)	Bio 20 Part A (44) SS 20-1 Position Paper (41) SS 20-2 Opinion Paper (48) SS 10-1 Written (63) ELA 9 Part A (21)	
21	22	23	24	25	26	27
	Math 30-1 (28) Math 30-2 (20) Science 20 Part A (27) Physics 20 Part A (36) Social 9 Part A (58)	ELA 30-1 Part B (45) ELA 30-2 Part B (33) Science 24 (20) Spanish 20/30 (11) Chem 20 Part A (62) Science 14 (24) ELA 9 Part B (21) Social 9 Part A (58) Last Day of Classes	SS 30-1 Part B (51) SS 30-2 Part B (26) ELA 20-1 Part A (65)* ELA 20-2 Part A (29)* Math 10C (50) Math 10C Prep (62) Math 10-3 (33) Math 9 Part A (115)	Biology 30 (32) Biology 20 Part B (44) ELA 10-1 Part A (60)* ELA 10-2 Part A (35)* Math 9 Part B (115)	Chemistry 30 (22) Math 20-1 (58) Math 20-2 (30) Math 20-3 (22) Chemistry 20 Part B (62) (pm)* Science 10 (97) ELA 9 Part B (99)	
28	29	30	31			
	Physics 30 (20) Social 20-1 Part B (41) Social 20-2 Part B (48) Social 10-1 Part B (65) Social 10-2 Part B (26) Science 9 PAT (99)	Science 30 (22) Physics 20 Part B (36) Science 20 Part B (27) Social 9 (116)				All final exams during exam week are from 9 - 11:30am with the exception of diplomas and exams with a *. The PM exam is 12:30 - 3:00.

Grade 12 Tutorial Schedule

January 2024						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4	5	6
7	8	9	10	11	12	13
			ELA 30-1 Part A (45) ELA 30-2 Part A (33) SS 30-1/2 3:30 - 5:00	SS 30-1 Part A (51) SS 30-2 Part A (26)		
14	15	16	17	18	19	20
	Math 30-1: 3:30 - 5:00	Bio 30: 4:00 - 5:30	Physics 30: 3:30-5	Physics 30: 3:30-5	Math 30-1/2: 3:30 - 5:00	Biology 30: 10 - 2
21	22	23	24	25	26	27
Math 30-1/2: 1:00 - 2:30	Math 30-1 (28) Math 30-2 (20) SS 30-1/2 3:30 - 5:00 Spanish 30 - 3:30-4:30	ELA 30-1 Part B (45) ELA 30-2 Part B (33) Biology 30: 4 - 6 Last Day of Classes	SS 30-1 Part B (51) SS 30-2 Part B (26) Biology 30: 1-3	Biology 30 (32) Chemistry 30: 1 - 4	Chemistry 30 (22) Physics 30: 9 - 12	
28	29	30	31			
	Physics 30 (20) Science 30: 9 - 12	Science 30 (22)				

Grade 11 Tutorial Schedule

January 2024						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4	5	6
7	8	9	10	11	12	13
				ELA 20-1 Part B (65)	ELA 20-1 Part B (61)	Biology 20: 9-12
14	15	16	17	18	19	20
	SS 20-1 Source Analysis (41) SS 20-2 Source Analysis (48) Physics 20: 3:30-5	SS 20-1 Source Analysis (41) SS 20-2 Source Analysis (48) Physics 20: 3:30-5	ELA 20-2 Part B (29)	ELA 20-2 Part B (29) SS 20-1 Position Paper (41) SS 20-2 Opinion Paper (48)	Bio 20 Part A (44) SS 20-1 Position Paper (41) SS 20-2 Opinion Paper (48) Physics 20: 3:30-5	
21	22	23	24	25	26	27
	Science 20 Part A (27) Physics 20 Part A (36) Math 20-1(S): 3:30-5 Spanish 20 - 3:30-4:30	Science 24 (20) Spanish 20/30 (11) Chem 20 Part A (62) Last Day of Classes	ELA 20-1 Part A (65) ELA 20-2 Part A (29) Math 20-2: 2-4	Biology 20 Part B (44) Chem 20(Ra): 9-11 Chem 20(Ro): 2:30 - 4 Math 20-2: 1 - 3 Math 20-1: 1-3	Chemistry 20 Part B(62) Math 20-1 (58) Math 20-2 (30) Math 20-3 (22) Science 20: 1-2	
28	29	30	31			
	Social 20-1 Part B (41) Social 20-2 Part B (48) Science 20: 1-2 Physics 20: 2-3:30	Physics 20 Part B (36) Science 20 Part B (27)				

Grade 10 Tutorial Schedule

January 2024						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4	5	6
7	8	9	10	11	12	13
				ELA 10-1 Part B (60) SS 10-2 Written (26)	ELA 10-1 Part B (60) SS 10-2 Written (26)	
14	15	16	17	18	19	20
	ELA 10-2 Part B (35)	ELA 10-2 Part B (43)	Science 10 Part A (97)	SS 10-1 Written (63)	SS 10-1 Written (63)	
21	22	23	24	25	26	27
		Science 14 (24) Last Day of Classes	Math 10C (50) Math 10C Prep (62) Math 10-3 (33) Sci 10 12:30-2 (Rou)	ELA 10-1 Part A (60) ELA 10-2 Part A (35) Sci 10 1-3 (Ein/Ram)	Science 10 (97)	
28	29	30	31			
	Social 10-1 Part B (65) Social 10-2 Part B (26)					

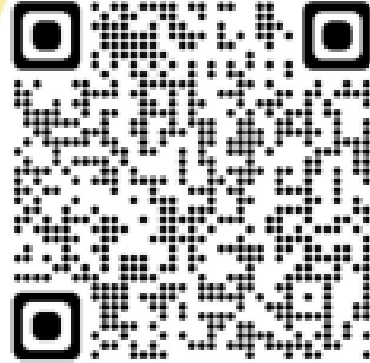
Grade 9 Tutorial Schedule

January 2024						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
			ELA 9 Part A (99)	Science 9 Part A (99)	FLA 9 Part A (21)	
21	22	23	24	25	26	27
	Social 9 Part A (58)	FLA 9 Part B (21) Social 9 Part A (58) Math 9 3:30-5 (ALL) Last Day of Classes	Math 9 Part A (115) Sci 9 9-11 (ALL) Math 9 12-1:30 (ALL)	Math 9 Part B (115)	ELA 9 Part B (99) Sci 9 12:30-2 (ALL) Soc 9 1-3 (ALL)	
28	29	30	31			
	Science 9 PAT (99)	Social 9 (116)				



Winter Programs 2024

Flipside Clubs | Ages 8-15
Flipside Hangouts | Ages 8-15
Flipside in the Gym | Grades 10-15
Lifehacks | Ages 12-18
Kids Connect | Ages 8-11
Teen Connect | Ages 12-15
Family Connect | All ages
Flipside on the Go | Ages 8-15
Leaders in Training | Ages 12-18
Flipside at the Nexsource | Ages 8-15



Most programs require registration
sylvanlake.ca/Flipside

Catch you at the FLIPSIDE

Looking For Models

Services Include:

- ✨ Manicures, ✨
- ✨ Pedicures, Facials, ✨
- ✨ Waxing, Make-up ✨
- ✨ and Hair Styling ✨



\$5 dollars a Service



EMAIL ALATIMER@CESD73.CA
TO BOOK A TIME

Times Available:

8:35am-10:00am
11:29am-12:19pm
12:24pm-1:46pm

Available

Monday, Tuesday,
Thursday, Friday
For the months of
December and January

HJ CODY THEATRE PRESENTS

Little Women

BY: LOUISA MAY ALCOTT
ADAPTED BY GARY PETERSON

Tickets:

\$10 Students

\$15 Adults

Available by
Quickpay or Call
(403) 887-2412

March 7, 8, 9

Shows at 7pm

Matinee March 9th
at 2pm

Produced by special arrangement with
Pioneer Drama Service, Inc., Englewood,
Colorado





Sylvan Lake

BLIZZARD SOCCER CLUB

Providing recreation, learning and development opportunities to local members through the sport of soccer.

AGM JANUARY 17, 2024: 6:30 PM, NexSource Centre Multipurpose Room 1

Online Registration

February 1 (Opens) - February 29 (Closes)

LATE Online Registration

March 1 (Opens) - March 21 (Ends)
\$25 late fee on each player registration

No registrations accepted after March 21, 2024

We are looking for volunteers, contact us today!

Sylvan Lake Blizzard Soccer Club / Box #8988 / Sylvan Lake, Alberta / T4S 1S6 / www.sylvanlakesoccer.ca

9-8-8 for Mental Health, Suicide, & Substance Use Crisis

9-8-8 the new three-digit helpline that provides urgent, live support by phone and text to people in every province and territory across the country has launched!

9-8-8 is for anyone thinking about suicide, or worried about someone they know. Trained 9-8-8 responders will answer calls and texts and listen without judgment while providing support. It is available in English and French 24/7. Take action and share that 9-8-8 is now live.

You are not alone - reach out for help, whenever you need it.



BECOME A MEMBER



Donate at <https://ymhc.ngo/mhh>

YMHC

Youth Mental Health Canada



CONTACT US

<https://ymhc.ngo/contact/ymhc.ngo/membership>

Diploma Exam preparation courses

Exce|erator



- For Math 30-1 & 30-2, Chem. 30 & Bio. 30
- \$165 value - FREE for Chinook's Edge students
- Taught online in your home community
- Designed to help students succeed!

Chinook's Edge School Division and Castle Rock Research Corporation have partnered to provide Grade 12 Diploma Examination preparation courses, called Exce|erator, online in Mathematics 30-1, Mathematics 30-2, Chemistry 30 and Biology 30. Castle Rock will engage top performing educators in each course to design and deliver engaging online instruction leveraging the SOLARO assessment tool; Castle Rock Research's online learning and assessment resource.

Chinook's Edge School Division has already made SOLARO available to all students in Grades 6 through 12. Diploma exam preparation courses typically cost \$165 per course but will be offered free of charge to all CESD grade 12 students this semester. Also, this opportunity will be provided to students in their home communities, allowing participation without having to travel to another city.

Each Diploma Examination preparation course will include instruction aligned to the curriculum and practice questions that mirror the diploma exam style questions. Educators will utilize thousands of questions to generate an immediate feedback loop to diagnose student strengths and learning gaps and create individualized learning plans for each student.

All courses will include test taking and time management strategies that will maximize student performance. The Mathematics 30-1 and Mathematics 30-2 courses will also include a section on graphing calculator strategies and usage. Each Diploma Examination preparation course will be 24 hours in length spread over 6 days.

All course instruction will be offered online by certified Alberta Teachers via Google Meet and is intended to supplement and support our Chinook's Edge teachers instruction and guidance.

A detailed course schedule will be provided to each student before the Christmas break. Students are encouraged to take advantage of all the learning opportunities provided in these sessions. However, in case of conflicts in your schedule, registered students will be able to see the specific schedule outlining dates and times for units of study, and students will be able to choose which to participate in based on their own needs.

If you have specific questions please reach out to Lorraine Ewashen at lewashen@cesd73.ca or 403 227 7093.



Register here: <https://bit.ly/3NcSn72>

Registration deadline: December 21, 2023



Alberta Diploma Prep

Get the skills you need and the grade you want!

- ❖ Certified Alberta Teachers
- ❖ Learn Exam Writing Strategies

- ❖ Extensive Notes Packages
- ❖ Practice Diploma Style Questions

January 2024

Biology 30 – Option A January 15–18 Monday to Thursday – Watch anytime	Math 30-2 – Option A January 13–16 Saturday to Tuesday – Watch anytime
Biology 30 – Option B+ January 21–24 Sunday to Wednesday – w/live teacher help	Math 30-2 – Option B January 18–21 Thursday to Sunday – Watch anytime
Chemistry 30 – Option A+ January 15–18 Monday to Thursday – w/live teacher help	Physics 30 – Option A January 20–23 Saturday to Tuesday – Watch anytime
Chemistry 30 – Option B January 22–25 Monday to Thursday – Watch anytime	Physics 30 – Option B January 25–28 Thursday to Sunday – Watch anytime
English 30-1 – Option A January 2–5 Tuesday to Friday – Watch anytime	Science 30 – Option B January 26–29 Friday to Monday – Watch anytime
English 30-1 – Option B+ January 6–8, 21–22 Sat to Mon & Sun to Mon – w/live teacher help	Social 30-1/30-2 – Option A January 2–5 Tuesday to Friday – Watch anytime
Math 30-1 – Option A January 13–16 Saturday to Tuesday – Watch anytime	Social 30-1/30-2 – Option B+ Jan 6–9, 22–23 Sat to Tue & Mon to Tue – w/live teacher help
Math 30-1 – Option B+ January 18–21 Thursday to Sunday – w/live teacher help	...and many more options and classes available on our website.

\$59 or less per course

Classes are on-demand. Live teacher help available.
Choose our dates and times or choose your own schedule.

Register at
www.diplomaprep.com



RTD EXAM PREP

January 2024

**ONLINE
Diploma
Prep**

STUDY SMARTER FOR YOUR DIPLOMA EXAMS

Rock the Diploma (RTD) is Alberta's most reputable prep team, and we've been delivering online diploma prep since 2011.

Outstanding Instruction

Experienced and caring teachers make a difference!
RTD instructors know how to get the best of students.

Exceptional Learning Content

What you study matters! Our materials are laser-focused on the curriculum and provide all the clearly laid out **notes** and **practice questions** you'll need.



Fee Per Course: **\$79**

Start Anytime!

*You'll
Receive:*



❶ **Comprehensive Learning Materials** (Course Study Guide and Practice Exams – PDFs)

❷ **Access to all on-demand Instructional Videos**

All Interactive e-learning and Videos are fully aligned to student learning materials and are designed to provide the same learning experience as attending our in-person classes.

❸ **An Instructor-lead Q&A in January 2024**

*Students will be able to ask questions directly to their instructors and communicate with other students. Q&As are an **optional** learning support – the entire review courses is accessible anytime / on-demand*

Online Diploma Prep – Live Q&A Schedule *Q&As are an extra - course content is entirely accessed through on-demand e-learning and videos*

English 30-1	Q&A Monday, January 8 th from 6:45pm – 9:30pm
English 30-2	Q&A Monday, January 8 th from 4:30pm – 6:30pm
Social 30-1	Q&A Tuesday, January 9 th from 6:45pm – 9:30pm <i>Focus is on approaching the written response section of the exam</i>
Social 30-2	Q&A Tuesday, January 9 th from 4:30pm – 6:30pm <i>Focus is on approaching the written response section of the exam</i>
Math 30-1	Q&A Friday, January 19 th from 6:00pm – 9:30pm
Math 30-2	Q&A Friday, January 19 th from 6:30pm – 9:30pm
Biology 30	Q&A Monday, January 22 nd from 6:00pm – 9:00pm
Chemistry 30	Q&A Tuesday, January 23 rd from 6:00pm – 9:00pm
Physics 30	Q&A Saturday, January 27 th , from 12:00pm – 2:30pm
Science 30	Q&A Sunday, January 28 th from 11:30am – 1:00pm

**Visit our website for in-person
schedules (Calgary, Edmonton, Spruce
Grove, Lethbridge, and Red Deer)**

Our Online Diploma Prep courses can be started anytime!
Use to review any unit test or in-class final

Take your next **mathematics, physics, or coding** course with us and receive your high school credits - at **no cost!**



RTD MATH ACADEMY
Accredited Online School

Flexible schedule built
for every student
Start (and finish) anytime

Learn at a new provincially accredited online high school, distinct from Rock the Diploma but sharing the same philosophy that students learn best when the teachers are highly skilled and caring, and the learning materials **exceptional**. *No cost for most students.*

Taking Math 30-1?

Build deeper understanding and boost your marks with the Math 30-1 **EDGE** complete programs. math30-1edge.com



- Superb study guide
- Guided e-learning
- Tons of online practice with video solutions



Register Online or Call: **780-328-0955** or **1-888-665-8803** rockthediploma.com / rtdacademy.com



LEADERS IN

Training



Leaders-in-Training | Grades: 7 - 12

The Leaders-in-Training (LiT) program is a volunteer-based program designed to help teens develop their leadership skills while having fun and making new friends. Learn skills in communication, facilitation, positive youth development, and positive relationship building

Mandatory training:

January 11

6:00 PM - 8:00 PM



Register!

Volunteer expectations:

- Commit to volunteering on their expected days
- Help staff with activities/events in the Flipside and be a positive role model to participants and users
- Grades 7 - 12